

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step.

Using music, movies or television as illustration discuss some examples of lustful behavior in our society. Have you seen a change in your lifetime?

Read Matthew 5:27-28; Job 31:1-12

Both Jesus and Job talk about the sin of looking at a woman with lust.

- What would you identify as the beginning point of lust and sexual immorality according to these two passages.
- In Job where does the does the enticement of lust take place?
- According to Jesus where does the act of adultery take place when one looks with lust?
- What did Job do in order to deal with the lust of his eyes?
- Is Jesus being reasonable when he equates lust with adultery? Why or why not?
- Why do you think it is important to be careful what we look at?
- What steps can we take to view persons as God's special creation rather than as sex objects?

Read Mark 10:5-8; Proverbs 6:25-26; James 1:14-15

In Mark, Jesus reminds us of the Old Testament teaching on how in marriage a man and a woman become one flesh. The other passages remind us of the danger when we ignore the sanctify of that bond or that future bond and sin sexually.

- According to the passage in James what are the three things that happen when we give in to lust?
- According to Proverbs what happens to the person who lusts after a prostitute or an adulteress?
- How does following after inordinate desire (lust) dehumanize the one who lusts and also the one who it the

object of that lust?

Read Proverbs 28:13; Psalm 32:5a; James 5:16a

- What steps do these passages tell us to take in order to deal with sin, including the sin of lust?
- Do you find it easy to be transparent with God?
- Do you have someone with whom you are transparent?

Read 1 Thessalonians 4:3-5; Colossians 3:5; 2 Timothy 2:22; 1 Peter 1:14 - 15

- What are we commanded to do concerning lustful desires?
- What must we be and what must we learn to do if we are not going to give in to lust?
- What does Paul tell timothy to do when it comes to lust? Are there some things that you have to keep away from in order to stay pure?
- What does Paul admonish Timothy to do instead?

Read Psalm 51:1-2, 10, 12; John 8:11b

- Do you believe that God can clean you and create in you a clean heart?
- Are you willing to ask Him to do that?

My Next Step Today Is To . . .

- Commit my life to God today asking Him to forgive me and help me to begin to live for Him.
- Agree with God's Word that lust is a distortion of His plan for my life and seek His purity for my life.
- Avoid sexual temptation in my life by changing _____
- Meditate on and/or memorize James 1:14-15

Talk It Over with God:

These prayer tips can guide your time alone with God each day. Praying with a friend or a small group might help you stick to it.

- Ask God to reveal to you any areas of your life where you are susceptible to the deadly sin of lust.
- Pray that God would cleanse your heart and help you have a strategy to stay pure.
- Pray for your spouse, children and/or friends that they will stay pure. For those you know that are caught in the snare of sexual sin ask for God to help them get free.