

**The Confession App****April 22, 2012**

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step.

- Do you think about the things you do wrong? Do you have a regular “time” when you talk to God about your sins? When you confess, do you mention specific things or just generally confess that you’ve messed up and need a Savior?

With your Bible or YouVersion.com, read 1 John 1:9 and Jeremiah 31:34b

- Is it important to confess our sins to God? Why?
- In Pastor Chris’ message, he talked about “The confession game” (where we are mainly concerned with feeling better and removing guilt, but not with changing and overcoming sin). What’s your primary motivation when you confess to God?
- What are some ways that we might manipulate these verses when it comes to confession & forgiveness?

Read Numbers 5:5-7, Luke 19:8 and James 5:16.

- Why is there a connection between confession and restitution (restoring what was lost)?
- Why does God say that if we “wrong” a person that

we are “unfaithful” to God? How do our relationships with people impact our relationships with God?

- Have you ever made “restitution” when you’ve harmed someone? How did it impact you? Did it help you to change and overcome?
- Have you every confessed your sins openly to a person or group? Why? Did it make a difference?
- Why would confessing “to each other” bring healing? Do you have someone in your life that you can be open and honest with, and confess to?
- What changes can you make to your “confession system” so that you can apply the Biblical “Confession App” in your life?

My Next Step Today Is To . . .

- Experience forgiveness for every wrong thing I’ve ever done by confessing them to Jesus, asking for His help to change.
- Make restitution for wrong that I have done.
- Commit to find someone to whom I can confess my sins so that I can find healing.
- Meditate on and/or memorize James 5:16a

Talk It Over with God:

These prayer tips can guide your time alone with God each day. Praying with a friend or a small group might help you stick to it.

- Ask God to help you be open during the “Life Apps” series to areas where He wants to work in your life.
- Ask God to reveal any acts of restitution that you need to care for.
- Pray that God would lead you to someone who is trustworthy of your confessions.