



From This Day Forward Week 2

Fight Fair

March 3, 2013

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step. During this series you will find questions geared to couples and also to singles.

Couples

Main Idea: All couples fight, but healthy couples learn to fight fair. When you fight you must “be quick to listen, slow to speak and slow to become angry.”

- Do a reality check: How would you evaluate the way you and your spouse fight? Do you typically fight fair or unfair?

**With your Bible or YouVersion read James 1:19-20;
Proverbs 21:23 and Ephesians 4:26-27**

- James identifies three things we should do. In which of these three ways do you and your spouse do well when you fight and which do you not?
- How did your parents handle conflict in their marriage? How has that shaped the way you handle conflict in your own marriage?
- Recall your first fight or one of your early fights as a couple. How has the way you fight changed throughout your marriage?
- What can you do to become a better listener in your marriage?

Singles

Main Idea: Strive to fight fair in all of your relationships today

so that you will fight fair with your future spouse.

- Do a reality check: How would you evaluate the way you currently handle conflict with others? Do you typically fight fair or unfair?

**With your Bible or YouVersion read James 1:19-20;
Proverbs 21:23 and Ephesians 4:26-27**

- How did your parents and your family handle conflict while growing up? How has that shaped the way you handle conflict with others?
- Describe one of the biggest fights or conflicts you’ve been involved in. How did you handle it? How did it get resolved? What did it reveal to you about the way you handle conflict?
- In what ways do you need to improve at handling conflict?
- Share an example from your experiences of why it’s important to guard your words and handle your anger when you fight.

All

- What is one thing you will do this week as a result of something you learned from this message?

Daily Bible Readings

Seek God this week by reading the following passages.

- Day 1 - Proverbs 18:1-13
- Day 2 - James 3:1-12
- Day 3 - James 1:19-27
- Day 4 - Ephesians 5:21-33
- Day 5 - Ephesians 4:25-32
- Day 6 - Romans 12:9-21
- Day 7 - Matthew 18:21-35