



- Worry is a matter of \_\_\_\_\_.

<sup>4</sup> Rejoice in the Lord always; again I will say, Rejoice. <sup>5</sup> Let your gentleness be known to everyone. The Lord is near. Philippians 4:4-5 (NRSV)

### **We Don't Have to Worry...**

- About what will \_\_\_\_\_ when we know \_\_\_\_\_ in charge.

<sup>6</sup> Do not worry about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. <sup>7</sup> And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Philippians 4:6-7 (NRSV)

<sup>8</sup> Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. <sup>9</sup> Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you. Philippians 4:8-9 (NRSV)

- About what we \_\_\_\_\_ when we know \_\_\_\_\_ truly satisfies.

<sup>10</sup> I rejoice in the Lord greatly that now at last you have revived your concern for me; indeed, you were concerned for me, but had no opportunity to show it.

<sup>11</sup> Not that I am referring to being in need; for I have learned to be content with whatever I have. <sup>12</sup> I know what it is to have little, and I know what it is to have plenty. In any and all circumstances I have learned the secret of being well-fed and of going hungry, of having plenty and of being in need. <sup>13</sup> I can do all things through him who strengthens me.

Philippians 4:10-13 (NRSV)

<sup>4</sup> Take delight in the LORD, and he will give you the desires of your heart. Psalm 37:4 (NRSV)

<sup>1</sup> In the LORD I take refuge; how can you say to me, "Flee like a bird to the mountains;" Psalm 11:1 (NRSV)

<sup>8</sup> It is better to take refuge in the LORD than to put confidence in mortals. Psalm 118:8 (NRSV)

<sup>5</sup> Trust in the LORD with all your heart, and do not rely on your own insight. Proverbs 3:5 (NRSV)

<sup>31</sup> They answered, "Believe on the Lord Jesus, and you will be saved, you and your household." Acts 16:31 (NRSV)

### **My Next Step Today Is To...**

- Trust God with my life.
- Give my worries over to the Lord so that I can know His peace.
- Live a life content whatever my circumstances, knowing that I live in Christ who given me strength.
- Meditate and/or memorize Philippians 4:6