



January 11, 2014

Pastor Chris Hill

- It's often the _____ things that no one sees that result in the _____ things that everyone wants.

Our Thoughts

For as he thinks in his heart, so *is* he. **Proverbs 23:7 (NKJV)**

Thought Audit

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect. **Romans 12:2 (NLT)**

How Do You Change the Way You Think?

- Capture _____ thoughts

³ For though we live in the world, we do not wage war as the world does. ⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵ We demolish arguments

and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. **2 Corinthians 10:3-5 (NIV)**

- Fix your thoughts on _____ things

⁸ And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise. ⁹ Keep putting into practice all you learned and received from me—everything you heard from me and saw me doing. Then the God of peace will be with you. **Philippians 4:8-9 (NLT)**

My One Thought:

May all my thoughts be pleasing to him, for I rejoice in the LORD. **Psalms 104:34 (NLT)**

My Next Step Today Is To...

- Receive Jesus so that He may begin to renew my mind.
- Seek God for one thought.
- Fix my thoughts on spiritual things by beginning my day with God.
- Memorize and/or meditate on Philippians 4:8