



February 14, 2016

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If you search for good, you will find favor; but if you search for evil, it will find you!  
**Proverbs 11:27 (NLT)**

- I'm not optimistic based on what I feel or see.
- I'm optimistic based on what God says.

### **Eight Reasons I'm Optimistic From Romans 8**

1. My Sins are \_\_\_\_\_ and I am \_\_\_\_\_

<sup>1</sup> There is therefore now no condemnation for those who are in Christ Jesus. <sup>2</sup> For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death.

**Romans 8:1-2 (NRSV)**

2. Jesus is at the right hand of the Father \_\_\_\_\_  
for me

Who is to condemn? It is Christ Jesus, who died, yes, who was raised, who is at the right hand of God, who indeed intercedes for us.

**Romans 8:34 (NRSV)**

3. My future \_\_\_\_\_ is great than my present \_\_\_\_\_

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us.

**Romans 8:18 (NRSV)**

4. My mind is filled with the \_\_\_\_\_ of God

To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.

**Romans 8:6 (NRSV)**

5. If God is \_\_\_\_\_ me, who can be \_\_\_\_\_ me?

What then are we to say about these things? If God is for us, who is against us? ...Who will bring any charge against God's elect? It is God who justifies.

**Romans 8:31, 33 (NRSV)**

6. The Holy Spirit helps me in my \_\_\_\_\_

<sup>24</sup> For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? <sup>25</sup> But if we hope for what we do not see, we wait for it with patience. <sup>26</sup> Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words.

**Romans 8:24-26 (NRSV)**

7. God is working \_\_\_\_\_ in my life for \_\_\_\_\_

We know that all things work together for good for those who love God, who are called according to his purpose.

**Romans 8:28 (NRSV)**

8. Nothing can separate me from the \_\_\_\_\_ of God

<sup>38</sup> For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, <sup>39</sup> nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

**Romans 8:38-39 (NRSV)**

My Next Step Today Is To...

- Meditate on and/or memorize the following verse from Romans 8 – \_\_\_\_\_
- Pick one of the 8 Reasons I'm least optimistic about. Ask God to help me recognize how different my life would be if I fully believed it.
- Develop an Optimistic Action Plan and share it with a trusted friend.
- Believe in Jesus and repent from my sin so that I can begin to experience 8 Reasons to be Optimistic in my life.