

SE7EN

Week 5 Sloth

Pride:

Excessive belief in one's own abilities.

Virtue: **Humility**

Envy:

The desire for others' traits, status, abilities or situation.

Virtue: **Kindness**

Gluttony:

An inordinate desire to consume more than that which one requires.

Virtue: **Self-Control**

Anger:

A strong feeling of grievance and displeasure.

Virtue: **Patience**

Greed:

An overwhelming desire to have more of something than is actually needed

Virtue: **Generosity**

Sloth:

The avoidance of physical or spiritual work.

Virtue: **Diligence**

Lust:

An inordinate craving for the pleasures of the body.

Virtue: **Purity**

Yet we hear that some of you are living idle lives, refusing to work and meddling in other people's business. We command such people and urge them in the name of the Lord Jesus Christ to settle down and work to earn their own living. As for the rest of you, dear brothers and sisters, never get tired of doing good.

2 Thessalonians 3:11-13 (NLT)

Five Deadly Results of Sloth

- _____
The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life.
John 10:10 (NLT)
- _____
If you are lazy and sleep your time away, you will starve.
Proverbs 19:15 (CEV)
- _____
A wise youth makes hay while the sun shines, but what a shame to see a lad who sleeps away his hour of opportunity.
Proverbs 10:5 (TLB)
- _____
A lazy person is as bad as someone who is destructive.
Proverbs 18:9 (TEV)

- _____

Some people dig a fork into the pie but are too lazy to raise it to their mouth. Proverbs 19:24 (MSG)

Four Essentials to Conquer the Sin of Sloth

1. Search for areas of sloth in _____

Search me, O God, and know my heart; test me and know my thoughts. Psalm 139:23 (NRSV)

2. See _____ in what I am doing now

Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Philippians 4:8 (NRSV)

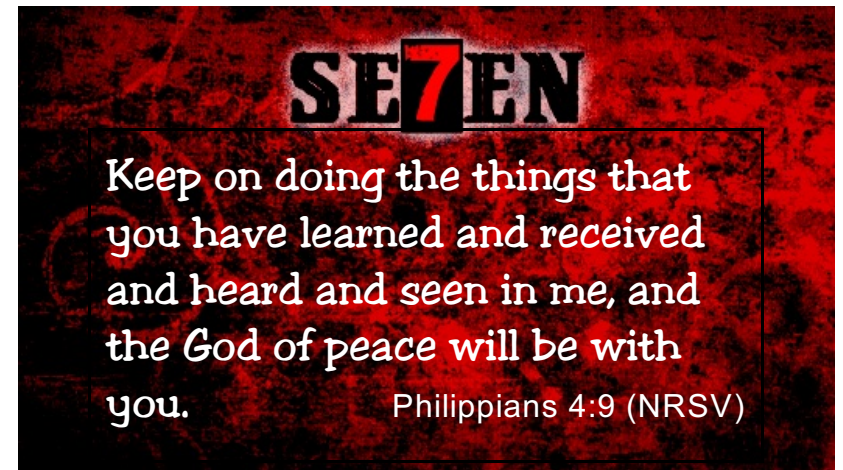
3. Set _____ in major areas of my life

But you, lazybones, how long will you sleep? When will you wake up? 10 A little extra sleep, a little more slumber, a little folding of the hands to rest— 11 then poverty will pounce on you like a bandit; scarcity will attack you like an armed robber. Proverbs 6:9-11 (NLT)

4. Stop making _____ and get _____

The lazy man is full of excuses. "I can't go to work!" he says. "If I go outside, I might meet a lion in the street and be killed!" Proverbs 22:13 (TLB)

If you wait for perfect conditions, you will never get anything done. Ecclesiastes 11:4 (TLB)



My Next Step Today Is To . . .

- Turn all of my life over to the care and will of God by receiving Jesus as my Savior and Lord.
- Ask God for diligence against sloth.
- Combat my spiritual sloth by _____.
- Meditate on and/or memorize Philippians 4:9.