



Life Apps Week 2

The Life App

April 8, 2012

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step.

- What is the purpose of having so many “apps” on smart phones and computers? What good are they?
- Which of the “apps” or programs on your phone or computer are your favorites? Why?
- Give an example of one “app” that you use that helps you in your life. Tell specifically how it makes your life better.

With your Bible or YouVersion, read Romans 12:1; Ephesians 4:22-24 and Philippians 4:8

- According to these verses, God wants us to do certain things with our lives. If you had to give names to the “life apps” described in these verses, what names would you give them? What would they do?
- If you could instantly install one “life app” in your own life, what would it be?

Read Isaiah 22:13; Psalm 90:10; Ecclesiastes 6:12 and Romans 7:24

- What outlook do these verses reflect when it comes to life?

- What are some ways that we see these outlooks reflected in those around us? What about in ourselves?

Read Romans 7:25a; John 10:10; Matthew 11:28 and Romans 8:2, 5

In Romans, Paul goes from the hopelessness of verse 7:24 to the hopefulness of verse 25 and then chapter 8.

- What makes the difference for Paul, John and Matthew?
- Are you experiencing the rest and freedom that these verses offer. If not what is blocking these facets of life in Christ for you?

My Next Step Today Is To . . .

- Come to Jesus, trusting my life to Him so that I might find real life.
- Stop chasing after counterfeits for life.
- Commit to attend the rest of the “Life Apps” message series.
- Meditate on and/or memorize Matthew 11:28

Talk It Over with God:

These prayer tips can guide your time alone with God each day. Praying with a friend or a small group might help you stick to it.

- Ask God to help you be open during the “Life Apps” series to areas where He wants to work in your life.
- Spend some time reflecting on your life looking for attitudes and habits that are blocking you from experiencing the full life that Christ has for you.
- Pray that God would help you to live a “hopeful” life as a witness to those who are hopeless.