

**The Trust App****May 6, 2012**

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step.

- Are you someone who trusts people easily? Or does someone have to earn your trust? How long does that take?
- What happens when someone breaks your trust? Can they ever get it back?
- Have you ever broken someone's trust? Were you able to repair the relationship?
- Do you have people (or one person) in your life that you completely trust? Why?
- What's the difference between love and trust? How are they similar? How are they different?

**With your Bible or YouVersion.com, read 1 Corinthians 13:4-7**

- This passage is famous for its explanation of love. In what ways does it describe and explain trust?
- Is it possible for you to "always trust and hope and believe in someone? Explain.
- Are there people (or one person) in your life that you

struggle to trust? What would it take for you to begin to build trust again?

Or

Are you working to become trustworthy in a relationship again? What can you do to rebuild trust?

- What would you need to change in your life so that you can implement God's Trust App? What is your next step in this area? (e.g. What can you do to build trust in your relationships?) Name one practical thing you can change this week.

**My Next Step Today Is To . . .**

- I put my trust in God for my life and my relationships with people.
- I admit that I have a problem trusting and ask God to help me change.
- I am making a commitment to build trust in my relationships: # \_\_\_\_\_.
- Meditate on and/or memorize Luke 6:31

**Talk It Over with God:**

These prayer tips can guide your time alone with God each day. Praying with a friend or a small group might help you stick to it.

- Ask God to help you be open during the "Life Apps" series to areas where He wants to work in your life.
- Talk to God about that place in your past where your trust has broken. Seek his healing.
- Ask God to reveal to you any ways that you have broken trust with others. Pray that He will help you make it right.
- If you feel that God is the one who has broken trust with you - ask Him to show you that He is worthy of your trust and worship.

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