



Perspective Week 4

A Different Perspective on Worry

June 30, 2013

Talking through the message during the week helps you turn what God is saying to you into action steps. These talking points, questions and scriptures are designed to help you take the next step.

- How do you typically handle unexpected events in your life?

With your Bible or YouVersion read Philippians

4:1-23 - Paul shows us in Philippians 4 that we don't have to worry because God is in charge and He is the only one that can satisfy.

- How has worry influenced your thoughts and actions?
- Why do we so often allow ourselves to be consumed by worry?
- What's keeping you from giving your worries over to God?
- How would you describe your current level of trust in God? What steps do you need to take to build your trust in Him?
- Where in life are you most discontented?

- In what ways have you experienced God's strength in your life?
- What steps do you need to take towards becoming fully satisfied in God?
- What are some of the ways God is working in your life right now?
- What specific worries do you need to give over to the Lord today?

Daily Bible Readings

During the Perspective series, spend time each day reading the book of Philippians starting with chapter 1 this week. The guide below has broken the chapter down into daily readings.

- Day 1: Philippians 4:1-3
- Day 2: Philippians 4:4-5
- Day 3: Philippians 4:6-7
- Day 4: Philippians 4:8-9
- Day 5: Philippians 4:10-13
- Day 6: Philippians 4:14-23
- Day 7: Philippians 4:1-23