



100,000 Gifts
Acts of Kindness Ideas

1. Take home made muffins and cookies to your mechanic
2. Leave some coloring books and crayons in a waiting room
3. Drop off a tray of goodies where you bank
4. Stop by the laundry mat and give someone a roll of quarters
5. Pay for the person(s) behind you at the drive-thru.
6. Send a bouquet to someone who teaches/works at one of our area schools.
7. Send a note to let someone know that they are appreciated.
8. Drop off a baked good to one of your neighbors.
9. Sponsor a child through International Child Care Ministries
10. Give someone a fruit basket.
11. Fill an expired or about to expire parking meter
12. Drop a donation in one of the Salvation Army Red Kettles
13. Buy dessert for a person eating out alone.
14. Send a nice card to someone whom you have observed that makes a difference.
15. Pick up the tab for a random table at a restaurant.
16. Leave a funny cartoon on a co-workers desk.
17. Shovel someone's sidewalk
18. Offer someone an unexpected tip.
19. Let someone get ahead of you in line
20. Babysit for a single parent
21. Buy a Christmas gift for a child in a family who is going through a hard time.
22. Give someone an "appropriate" hug
23. Leave a treat for your mail carrier
24. Hold the door for someone
25. Run an errand for someone
26. Send a small gift to a random person in the phone book.
27. Give an hour of your time to a local non-profit
28. Invite someone who is alone over for dinner
29. Leave a chocolate bar as a thank-you for a store clerk
30. Put up post-it notes with encouraging messages for strangers to find
31. Visit someone at a nursing home.
32. Donate blood
33. Cook dinner for a busy parent
34. Give a child a lollipop
35. Offer to take a senior citizen's shopping cart back to the store or at least to the cart holder.
36. Cut coupons out and leave them at the grocery store for others.
37. Express your appreciation to a veteran
38. Donate a toy to Toys for Tots or some similar organization
39. Use your facebook page as a positive vehicle to encourage others
40. Send an anonymous movie ticket or gift card to someone you know to brighten their day.
41. Put a \$5, \$10 or \$20 in an envelope and send it to someone you know who is having a hard time financially.
42. Donate clothes to a non-profit re-sale shop.
43. Let a car merge in front of you and do it with a smile.
44. Give a donation to Clear Blue global water project to help drill a clean water well in a needy community.

45. Buy an extra cup of coffee in the morning and give it to a co-worker.
46. Smile at others
47. Leave a nice note for your spouse.
48. Offer to tutor a young person
49. Pick up litter and put it in the trash
50. Give a generous tip to your waiter
51. Befriend a lonely person
52. Let someone take “your” parking spot
53. Offer to let someone go in front of you in the check-out line.
54. Shop and buy in local businesses
55. Send a note to a shut-in
56. Make a donation in honor of someone who has made a difference in your life.
57. Say, “good morning” and “thank you” to public service workers.
58. Drop off a treat and thank-you note at:
 - a. The fire department
 - b. The police department
 - c. The public works department
59. Listen to someone who is going through a hard time and share a word of encouragement
60. Donate a book to the public library
61. Write a letter to a former school teacher and tell them how much they influenced you.
62. Make a donation to Eden Reforestation Project to provide jobs and plant trees in nations devastated by deforestation.
63. Support children from your family or the church when they participate in a concert
64. Pet sit for a friend who is traveling over the holidays
65. Give an inspirational book to a friend.
66. Donate food to a local foodbank
67. Donate pet supplies to the local animal shelter
68. Tape change to a vending machine
69. Give a compliment to a friend
70. Take a bouquet to a nursing home or hospital and ask that it be given to someone who could use a pick me up
71. Offer to take children to see a movie so their parents can have some time to shop without them.
72. Donate diapers to ABS Pregnancy Center
73. Randomly give someone a gas card
74. Donate old cell phones to the National Coalition Against Domestic Violence (ncadv.org) which will use the proceeds for programs that protect families from abuse.
75. Take the time to fill out the comment card for someone who has served you well.
76. Volunteer to serve at the Hot Spots
77. Reach out to someone who hasn’t been in church lately, letting them know that they were missed.
78. Set aside an evening and have a family fun night. Tell your family that you love them.
79. Brush snow off someone else’s car
80. Help someone pick up items they dropped
81. Bring in your neighbor’s garbage can
82. Say hello to the person next to you
83. Give a compliment
84. Help someone who is stranded on the side of the road
85. At a fast-food restaurant offer to take someone else tray & trash over to the garbage.
86. Help someone before they ask
87. Take a box of hats, gloves and scarves to a school, for kids who need something warm
88. Share your umbrella with someone who doesn’t have one
89. Read to a child
90. Buy a gift card for groceries and give it to the person behind you in line.
91. Give balloons to children shopping with their parents.
92. Anonymously buy new sports equipment for a local child in need.
93. Pay for someone’s layaway items.
94. Hide \$1 bills in the toy section at a dollar store.
95. Buy cookies or muffins and deliver them to the workers in a store you shop at frequently
96. Get to work early and leave some candy at each person’s desk
97. Hold the elevator door for someone.
98. Compliment someone on their attire
99. Offer to volunteer at a local school
100. Be kind always and everywhere!

