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## Winning the War in Your Mind

<sup>3</sup> For though we live in the world, we do not wage war as the world does. <sup>4</sup> The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. <sup>5</sup> We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

**2 Corinthians 10:3-5 (NIV11)**

- Your life is always moving in the \_\_\_\_\_ of your strongest \_\_\_\_\_.

<sup>7</sup> For as he thinks in his heart, so *is* he....

**Proverbs 23:7a (NKJV)**

### Thought Audit

Worried	1	2	3	4	5	6	7	8	9	10	Peaceful
Negative	1	2	3	4	5	6	7	8	9	10	Positive
Worldly	1	2	3	4	5	6	7	8	9	10	Eternal

- Identify the number one stronghold that is \_\_\_\_\_ you \_\_\_\_\_.

<sup>2</sup> Do not conform to the pattern of this world, but be transformed by the renewing of your mind....

**Romans 12:2a (NIV11)**

- Name the \_\_\_\_\_ that demolishes that stronghold.

<sup>3</sup> For though we live in the world, we do not wage war as the world does. <sup>4</sup> The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. <sup>5</sup> We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

**2 Corinthians 10:3-5 (NIV11)**

<sup>3</sup> His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness.

**2 Peter 1:3 (NIV11)**

### My Next Step Is To...

- Meditate on and/or memorize Romans 12:2a
- Pick my strongest negative thought and find an even stronger truth to combat it daily.
- Ask God to show me something I can change or start in order to partner with Him in renewing my mind.
- Start the journey to renewing my mind by accepting Jesus as my Savior and Lord.