



September 8, 2019

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Jonah's Prayer

1. Then Jonah _____

¹ Then Jonah prayed to the LORD his God from inside the fish.

² He said, "I cried out to the LORD in my great trouble, and he answered me. I called to you from the land of the dead, and LORD, you heard me!"

Jonah 2:1-2 (NLT2)

2. God will use trouble to get your _____

³ You threw me into the ocean depths, and I sank down to the heart of the sea. The mighty waters engulfed me; I was buried beneath your wild and stormy waves. ⁴ Then I said, 'O LORD, you have driven me from your presence. Yet I will look once more toward your holy Temple.' ⁵ "I sank beneath the waves, and the waters closed over me. Seaweed wrapped itself around my head. ⁶ I sank down to the very roots of the mountains. I was imprisoned in the earth, whose gates lock shut forever. But you, O LORD my God, snatched me from the jaws of death! ⁷ As my life was slipping away, I remembered the LORD. And my earnest prayer went out to you in your holy Temple.

Jonah 2:3-7 (NLT2)

3. The Idols of _____ and _____

⁸ Those who worship false gods turn their backs on all God's mercies.

Jonah 2:8 (NLT2)

4. Salvation is a gift of _____ received by a _____ heart.

⁹ But I will offer sacrifices to you with songs of praise, and I will fulfill all my vows. For my salvation comes from the LORD alone."

Jonah 2:9 (NLT2)

¹⁰ Then the LORD ordered the fish to spit Jonah out onto the beach.

Jonah 2:10 (NLT2)

My Next Step Is To...

- Memorize and/or meditate on Jonah 2:9
- Boldly ask God to get my attention.
- Surrender to God the idol of _____ in my life.
- Recognizing that my salvation can come from God alone I accept his grace and his Son Jesus Christ into my heart.