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Five Ways to Mess Up Your Life

1. Perform for _____

⁸ Everything is wearisome beyond description. No matter how much we see, we are never satisfied. No matter how much we hear, we are not content. **Ecclesiastes 1:8 (NLT2)**

2. Depend on something besides _____ to cope

¹³ And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it. **1 Corinthians 10:13 (NIV11)**

3. Compare _____ to others.

⁴ Love ... does not envy, it does not boast, it is not proud. **1 Corinthians 13:4 (NIV11)**

4. Don't _____ yourself

⁹ If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. **1 John 1:9 (NIV11)**

¹ Therefore, there is now no condemnation for those who are in Christ Jesus, **Romans 8:1 (NIV11)**

⁴⁴ When he [the Devil] lies, he speaks his native language, for he is a liar and the father of lies. **John 8:44b (NIV11)**

5. Believe the _____

²⁸ Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. ³⁰ For my yoke is easy to bear, and the burden I give you is light.” **Matthew 11:28-30 (NLT2)**

¹³ I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit. **Romans 15:13 (NLT2)**

My Next Step Is To...

- Memorize and/or meditate on Romans 15:13
- Invite a friend to The Crossing during “ATM”
- Identify the lies that I am often tempted to believe about who I am or what I’ve done and shine God’s truth on them.
- Confess to God the choices that I’ve been making that are damaging my life and then surrender myself to God plan so that I can overflow with hope by the power of the Holy Spirit.